

## RELEASE AND WAIVER

In consideration of the acceptance of my entry I, intending to be legally bound, do hereby for myself and my heirs, executors, and administrators waive and release any and all rights and claims for damages and cases of suit or action, known or unknown, that I may have against Walmart Stores, Inc., its subsidiaries and affiliates, their employees, officers and directors, the city of Nottingham, NH, though which this race is routed, the Children's Miracle Network, and any and all participating race sponsors, employees, volunteers, and agents for any and all injuries resulting from my participating in Walmart/CMN 5K/10K Road Race to be held on October 23<sup>rd</sup>, 2016. I attest that I am physically fit and have sufficiently trained for this event. I also grant my permission for a doctor and/or nurse to take remedial action in the case of emergency. I attest and verify that I have full knowledge of the risks involved in a race, including but not limited to, weather, traffic, road and path conditions, and that I assume all expenses in the event of an accident, illness or other incapacity, regardless of whether I have authorized such expenses. I hereby grant full permission to any and all of the forgoing to use any photographs, videotapes, motion pictures, recordings, and/or any other record of this event for any legitimate purpose, without financial remuneration to me or my heirs or assigns. Further, I understand that bicycles, skateboards, roller skates, inline skates, baby joggers, animals, and headsets are not allowed during the event and hereby agree to abide by this guideline.

Name \_\_\_\_\_

Signature \_\_\_\_\_

Parent/Guardian signature required if entrant is under 18.

Date \_\_\_\_\_

Unsigned applications will be returned. The committee head reserves the right to reject entry and issue special invitations.



Boston Children's Hospital is the country's leading children's hospital and home to the world's largest pediatric research enterprise.

Children's is dedicated to patient care, research, education, and community outreach, but these programs are costly.

### Did you know that Children's...

- Is the single largest healthcare provider to low-income children from throughout the Northeast Region.
- cares for kids at more than 500,000 patient visits per year, including more than 16,000 visits from kids from New Hampshire

It's why we need your help.  
Register to run today!



**Children's  
Miracle Network  
Hospitals**

Helping Local Kids

## "CMN Run for the Kids"

5K and now 10K Road Race

Benefiting



Race Timing Sponsored By:

 **DELTA DENTAL**

Northeast Delta Dental

Sunday, October 23<sup>rd</sup> 2016  
at 10:00 am

Pawtuckaway State Park  
Nottingham, NH



## Boston Children's Hospital & Walmart – Working Together to Help the Region's Sickest Kids

This race has been organized by the Walmart Distribution Center in Raymond, NH.

For the past 29 years, Walmart has helped thousands of kids nationwide by raising money for the Children's Miracle Network (CMN). Through CMN, Walmart has raised more than \$700 million for more than 170 pediatric hospitals throughout North America.

Boston Children's Hospital thanks you and Walmart for your support. Without it we wouldn't be able to provide the quality care our patients rely on.

**THANK YOU FOR SUPPORTING  
Boston Children's Hospital**



### Registration and Fees:

**Check In:** Begins at 8:00 am for pre-registered and "walk-up" participants.

**Fees:** Pre-Registration: \$20 for 5K, \$30 for 10K. Race Day Registration: \$25 for 5K, \$35 for 10K.

**Awards & Prizes:** Awards will be given to the top two runners in each of the following categories: men and women ages 14 & under, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70 & over. Past door prizes have included: Flat screen TV's, GPS watches, Tablets and iPod Shuffles.

**Cancellation Policy:** The "Run for the Kids" 5K/10K Road Race will proceed rain or shine. Cancellation will occur only in conditions deemed hazardous by the officials.

### Directions:

- From Rt. 93, take Rt. 101 East to exit 5 for Raymond, NH.
- At exit 5, turn right onto Rt. 107 North.
- Travel approx. 0.7 mi. & turn left at the light onto Rt. 27 West.
- Take the first right onto Rt. 156 North, and travel approx. 1.2 miles.
- Turn left at the *Pawtuckaway State Park* sign on the left, onto Mountain Road.
- Travel approx. 1.9 miles and turn left into the night entrance.

**Directions to the race will be posted at the park entrance.**

### "CMN Run for the Kids" 5K/10K Road Race

Sunday · October 23<sup>rd</sup>, 2016 · 10 A.M.  
Pawtuckaway State Park, Nottingham, NH

Please provide the following information and sign the release & waiver on the back of this form. Make checks payable to:

**Walmart**

*(Please write "Children's Miracle Network" in the memo section of your check)*

Please mail your completed registration form and donation/entrance fee to:

**Walmart Distribution Center  
c/o Faline Heiser  
42 Freetown Rd**

**Raymond, NH 03077**

**Or visit our website**

[www.cmnruntimeforthekids.com](http://www.cmnruntimeforthekids.com)

Entries will be confirmed by mail or e-mail. For more information contact Faline Heiser at [fwambol@wal-mart.com](mailto:fwambol@wal-mart.com) or call Faline at (603) 895-0066.

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_

STATE \_\_\_\_\_ ZIP \_\_\_\_\_

PHONE \_\_\_\_\_

EMAIL \_\_\_\_\_

